Miyo Limatisiwin

Mens Wellness Conference

October 4, 5, 6 2019 @ Slave Lake Native Friendship Centre

TARGET AGE 16 - 29 Topics Include

- · Health and Well Being
- Leadership
- Building Success
- Culture
- Mental health
- Understanding the Root of Addictions
- Mens Teachings
- Ceremony

Honouring Our Mens Spirit
Round Dance

October 5, 2019
Open to the Public
Opening Song 6 pm
Giveaway 50/50



Host Hotel please Contact for special Conference Rate 780 849 4101



Guest Facilitator Travis Dugas



Resident Facilitator Devin Bellerose

October 4 5-7 pm Meet and Greet

October 5

8 am Pipe ceremony
9 am Breakfast
10 am Workshops
Noon Lunch
1 pm Workshops
5 pm Supper
6 pm Round dance

October 6 9 am Breakfast 10 am Workshop 11 am Wrap up Noon Lunch



\$20 registration fee

All meals provided by the Slave Lake Friendship centre
Nutrition and educational health breaks
Contact Devin Bellerose 780 849 3039



Community Helpers
Program